



SOUTH DUNDAS

2024 Fall/Winter Programs

LOCATION LEGEND:

Various Locations - V.L.	Justice Building - J.B.
Matilda Hall - M.H.	Municipal Centre - M.C.
Morrisburg Arena - M.A.	Iroquois Civic Centre - C.C.

Children

Art Classes

Oct. 4 - Dec. 13 | M.C.

Taekwondo

Sept. 10 - Dec. 19 | C.C.

Movement Hour

Sept. 25 - Oct. 16 | C.C.

Oct. 23 - Nov. 13 | C.C.

Nov. 20 - Dec. 11 | C.C.

Camps

PA Day Camps

Oct. 27 | Nov. 22 | C.C.

PA Day Girls Hockey

Oct. 25 | Nov. 22 | M.A.

Winter Break

Dec. 30 | Dec. 31 | M.C.

Jan 02 | Jan 03 | M.C.

Early Years

On a Farm

Sept. 27 - Oct. 18 | M.C.

Dinosaur Discovery

Nov. 01 - 15 | M.C.

Animal Safari

Nov. 29 - Dec. 20 | M.C.

Youth

Art Classes

Oct. 06 - Dec 08 | M.C.

Babysitting Course

Nov. 02 | M.C.

Home Alone Course

Nov. 03 | M.C.

Taekwondo

Sept. 12 - Dec. 14 | C.C.

Adult

Art Classes

Oct. 04 - Dec. 13 | M.C.

Art Workshops

Water Colour Painting | Sept 21 | M.C.

Coloured Pencil | Oct. 5 | M.C.

Paint Night Halloween | Oct. 26 | M.C.

Pen & Ink | Nov. 16 | M.C.

Paint Night Christmas | Dec. 07 | M.C.

Fitness

Kickboxing | Sept. 21 - Dec 18 | M.C.

Bootcamp | Sept. 21 - Dec. 18 | M.C.

Hatha Yoga | Sept. 24 - Dec. 19 | M.C.

Taekwondo | Sept. 10 - Dec. 19 | C.C.

Gentle Yoga & Meditation | Sept. 25 - Dec. 18 | C.C.

Tai Chi | Sept. 18 - Dec. 4 | M.C.

QiGong | Sept. 20 - Dec. 6 | C.C.

YMCA Sit Fit | Sept. 23 - Dec 09 | C.C.

YMCA Core & Stretch | Sept. 25 - Nov 27 | C.C.

Cooking Programs / Workshops

Cooking Around the World (16 yrs +)

India - Sept 13 | J.B.

Spain - Sept 20 | J.B.

Japan- Sept 30 | J.B.

Cooking Around the World (10 - 15 yrs)

Sept. 10 - Oct 01 | J.B.

Freezer Meal Workshop

Sept 14 | J.B.

Menu Planning Workshop

Sept 28 | J.B.

Fall into Flavour- Soup Workshops

Sept 22 | J.B.

Oct 05 | J.B.

Casserole Creations Workshop

Oct 06 | J.B.

Other

Guitar or Ukulele

Sept. 25 - Nov. 20 | M.C.

Sept. 27 - Nov. 22 | C.C.

Micro Green Workshops

Adult/ 16 year+

Oct 09 | M.C.

Nov 07 | M.C.

6 - 16 year +

Oct 06 | M.C.

Nov 09 | M.C.

Dec. 27 | M.C.

Register for programs at:

www.southdundas.com

Registration opens:

September 5, 2024

Listed program dates are subject to change.

Senior

Art Classes

Oct. 3 - Dec 12 | M.C.

Chair Yoga

Sept. 24 - Dec. 19 | M.C.

Learning & Leisure


Learning Technology

Oct 04 - Nov 22 | M.C. Android

Oct 07. - Dec 02 | M.C. Apple

Municipality of South Dundas

 mail@southdundas.com

 613-543-2673

 www.southdundas.com



SOUTH DUNDAS

South Dundas Parks, Recreation, & Facilities



Morrisburg Arena Drop Ins

Senior Skate

Tues & Fri | 9:30 am | M.A.

Parent & Tot

Tues | 8:30 am | M.A.

Public Skate

Saturdays | 6:00 pm | M.A.

Sundays | 1:00 pm | M.A.

Stick & Puck

13+ yrs. Mon | 3:30 | M.A.

U13 yrs. Mon | 3:30 | M.A.

Fri | 8:00 | M.A.

19 + yrs. Fri | 3:30 | M.A.

Family Events

Halloween Scavenger Hunt

Oct. 23-28 | V.L.



Facility Rentals

We offer a variety of multi-use facilities that are cost efficient to meet the needs of your event or activity, such as baby showers, wedding receptions, and birthday parties, and more.

Looking for a space to do your holiday baking or meal prep with some friends and family? Our Community Kitchen in the Morrisburg Justice Building is the space for you! In this commercial kitchen, you can affordably watch your culinary creations come to life in a clean, licensed facility.



Morrisburg Arena

The ice making process has begun at the Morrisburg Arena! Get your skates out for another year of fun. The Morrisburg Arena is a single pad arena, home to local hockey and figure skating groups and the Morrisburg Lions Junior C Hockey Team.

The Morrisburg Arena is also available for schools, individuals, and groups to rent for field trips, birthday parties, holiday skates, and more. To book, call us at 613-543-2673.

Looking to give back to our community? The Morrisburg Arena has corporate sponsored ice time available. Sponsorship money goes directly back into the Arena, supporting recreational opportunities for current and future generations.



Lending Library

The Lending Library gives residents access to a variety of recreation equipment, absolutely FREE! Looking for something to do this fall? Borrow one of our road or mountain bikes! Once the snow hits, there are plenty of cross country skiing and snowshoeing available.

Appointments for pickup/drop off are mandatory. Requests must be made 48+ hours before requested date. Call us at 613-543-2632 or visit our website.

Municipality of South Dundas

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☎ 613-543-2673

🌐 www.southdundas.com